

Fruit and Vegetable Storage Guide

Store inside the Fridge:

Apples, berries & cherries. Grapes, kiwi & all citrus fruit.
Almost all fruit, vegetables and herbs.



Once ripe, store in the Fridge:

Melons, nectarines, apricots, peaches & pears and plums.
Avocados & tomatos.



On the counter or table:

Bananas, basil, winter squash.
Once cut, store produce in the fridge.



In a cool, dark place, like a cupboard:

Mangos, papayas & pineapples. Potatoes, onions & garlic.



For more ways to prevent food waste, visit

EatSmartWasteLess.Tips.